

# Vaca Valley Volks Newsletter

## Summer (Jun, Jul, Aug) 2017



[vacavolks.org](http://vacavolks.org)

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### COMPLETED VVV EVENT

#### **Suisun City Historic and Nature**



We had 85 walkers join us for a delightful walk through Suisun City, although the day started out cool, it soon heated up.

Established in the 1850's, Suisun City grew as a transportation hub between the foothills and the bay area and had a revitalizing redevelopment starting in the 1990's.



The walk began at the train station (c.1914).. Many of the old buildings remain from the late 1800's and early 1900's and the walk winds through some of these historic buildings.

After going through the residential area, the walk passed the Suisun Wildlife Center, then continued through the Peytonia Slough Ecological Preserve (this portion was a dirt trail). This is a 117-acres of brackish and salt marsh grading up to low uplands that flood when high tides and high rainfall runoff coincide. Leaving the reserve, the walk continued through the redeveloped Marina area and will walk along the Waterfront Promenade of Suisun City's historic Waterfront District which boasts beautiful views and serves as an ideal setting for the myriad of outdoor activities and dining choices. Then winds around the end of the slough and turns around just past the iconic City Hall complex.



### MEMBER ACTIVITIES:

#### Alameda Walk

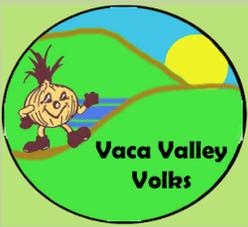
Bud, Jill and Priscilla joined the Walking Sticks on their 1st Day of Spring "Road Adventure" to our Alameda Historic YRE. Priscilla Fife provided her usual outstanding historical walking tour of Alameda and its Victorian homes. They were joined by Luanne Johnson, long time member of the Vaca Valley Volks, who is now living in Ohio and was thrilled to join them on the walk.



#### West Davis Walk

Several of our members joined the *Davis Dynamos* for a walk through West Davis. It was a very nice walk, although a bit wet, and went past many flowers in bloom. The walk wound along tree lined bicycle and pedestrian walkways and through six parks and greenbelts. Here some of them are stopping by the "Butterfly Pillar".





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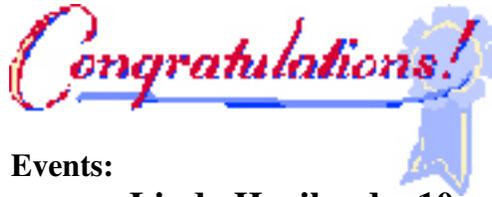


[ww2.ava.org](http://ww2.ava.org)

**REGULAR MEMBERSHIP MEETINGS:**

1<sup>ST</sup> MONDAY  
EACH MONTH  
(Except February),  
at 7:00 pm.

Meetings are held  
in the cafeteria  
conference room  
of Vaca Valley  
Hospital,  
1000 Nut Tree Rd  
Vacaville.



Events:

**Linda Haviland – 10**  
**Wylie Haviland – 10**  
**Phil Braverman –**  
**425, 450, 475**



**Kathy Gaehler**



**Kayak and walk**

To celebrate their 30th Anniversary, the Tahoe Trail Trekkers will hold a kayak event on Friday, July 28th and a walk event on July 29th in Tahoma, CA (Sugar Pine State Park)

Events are at ~6200 ft. elevation. The Kayak event (event credit only) is on beautiful Lake Tahoe in front of the Ehrman Mansion. The course will be an out and back between the North and South Boathouses.

The Walk event will be on bike paths, campground and dirt trails throughout Tahoma and the State Park. Walkers will enjoy a bit of history as part of the trail is where the Biathlon and Cross-Country Ski events took place during the 1960 Winter Olympics. Walk routes are rated 2B. The paved 6

K walk route is okay for strollers and wheelchairs, but they are not recommended for going on the 10K walk.



**SOME UPCOMING WALKS:**

**June**

3 FW Galt

7/9 AVA Billings, MT- Convention

10 FW Vacaville- Historic

17 FW Manteca

24 TW Arnold-Calaveras Big Trees

**July**

1 FW Benicia-Historic

8 FW Fair Oaks-Historic

15 TW Galt (Historical Society)

22 TW Napa Valley

28/29 TW Sugar Pine Pt

**August**

5 FW Roseville-Sculpture

9/10 TW Sac-Ice CreamWalk

12 FW Roseville-Bea Griffin

13 TW Berkeley-Rose Garden

19 FW Davis-El Macero

26 TW – Shingletown /Lassen

**September**

2 FW Roseville

9/10 TW Colfax

16 TW Los Vaqueros

30 TW Tesla (using Lt. Rail)

TW-Traditional

FW-Friendship

DB- Bike

See web page, <http://vacavolks.org>,  
Scheduled Walks for more information

**Walnut Creek walk cancelled**

We were unable to find a suitable start point for the Walnut Creek walk, so we had to cancel for this year. We will try again with a little more time to research a start point.

**Three page Newsletter**

The newsletter author has been a bit under the weather recently, and this edition of the newsletter will only be three pages (to save paper).



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**NOTES FROM CVA:**

**CVA Convention**

The California Volkssport Association Convention was held in Roseville this year, May 5-7. Candidates for AVA president explained their views of what they would do if elected. A vote was taken on the mascot options, and the group elected to go with “none of the above”.



There were three very nice walks associated with the convention (unfortunately our president was injured and unable to partake) :



The Roseville walk went along bike paths through oak woods and along a small stream.

The Rocklin walk went through Twin Oaks Park and nice neighborhoods, then on the Clark Dominguez Trail for a spectacular view of the valley.

The Lincoln walk was on a bike path along a wildlife refuge where there were beaver lodges and lots of wildlife.



**NOTES FROM AVA:**

**AVA Convention In Billings**

Step out Of Bounds with the The 20<sup>th</sup> Biennial American Volkssport Association Convention in Billings, Montana from June 7<sup>th</sup> -9<sup>th</sup>, 2017.



There are 36 miles of trails in Billings, with over 7 miles along the Yellowstone River. A stretch of trail along the Rimrocks has fantastic views of the mountains beyond. On a clear day, five mountain ranges can be seen. Billings has 39 city parks, and more than 500 geocache treasures in the city alone! The Yellowstone River is the longest free-flowing river in the United States.

The downtown brewery tour will be incorporated into one of our sanctioned events. The Western Heritage Center is an affiliate of the Smithsonian, and is on the National Register of Historic Places. The Yellowstone Art Museum was originally the Yellowstone County jail, built in 1884 (\$5 admission).

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